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## MEDIA RELEASE

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**Wednesday, 23 November 2016**

### **Combat fatigue before it begins**

With Christmas around the corner, our days seem to get busier and busier, leaving us tired and worn-out. Introducing NUTRIWAY® Vitamin B Complete, a new and improved formula packed with natural spirulina and 8 essential B vitamins to help the body combat fatigue during this busy Christmas period.

Our busy lives can often deplete our bodies from essential B vitamins; B vitamins play a crucial role in supporting energy production and are essential nutrients that your body cannot make or store and must therefore be replenished daily.

NUTRIWAY® Vitamin B Complete contains 8 essential B vitamins (B1, B2, B3, B5, B6, B7, B9, B12) and is packed with natural spirulina to assist the body in releasing energy from foods. It's dual-action, bi-layer table combines both instant and extended release technologies for a **full 8 hours of support**.

This once a day tablet is perfect for busy, active adults who don't always have time to eat right and can't afford to be low on energy, as well as adults whose diets lack a variety of vitamin B-rich foods or meals, such as vegetarians or those on calorie-restricted diets.

To get the most out of your day, combine NUTRIWAY® Vitamin B Complete with the NUTRIWAY® foundation range: Omega-3 Complex and Concentrated Fruit and Vegetables.

NUTRIWAY® products are sold exclusively through a network of Amway® Independent Business Owners (IBOs) worldwide. Please visit [Amway.com.au](http://Amway.com.au) / [amway.co.nz](http://amway.co.nz) for more information or to locate an IBO.

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**About NUTRILITE®:** NUTRILITE, sold locally as NUTRIWAY is the world's #1 selling brand of vitamins and dietary supplements\*. Backed by 80 years of science and research, the NUTRILITE team has perfected a proprietary "seed to supplement" practice to preserve quality and maximise the consistency, efficacy and safety of its products. The NUTRILITE brand is the only global vitamin and mineral brand to grow, harvest and process plants on its own certified organic farms\*\*, located in the United States, Mexico and Brazil. The NUTRILITE Global Phytonutrient Report, commissioned by the NUTRILITE Health Institute, provides an examination of global fruit and vegetable intake, availability and potential impacts on health. More information at: [globalnews.amway.com/global-phytonutrient-report](http://globalnews.amway.com/global-phytonutrient-report).

**About Amway®**

Amway is a \$US 9.5 billion company that has been in business for over 50 years.

Amway is the world's number one direct selling business in the world as ranked in the 2015 Direct Selling News Global 100. There are more than 100,000 Amway Independent Business Owners in Australia and New Zealand.

Amway has globally helped more than 12 million children through our One by One Campaign for Children since 2003.